



6TH SUNDAY IN ORDINARY TIME

“I say to you, whoever
is angry with his brother
will be liable to
judgment.” - Mt 5:22a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

Saint Francis De Sales Parish

129-16 Rockaway Beach Blvd.
Belle Harbor, NY 11694

FIFTH SUNDAY IN ORDINARY TIME
FEBRUARY 15, 2026

WEEKDAY MASS SCHEDULE

Monday to Friday: 9:00am
Saturday: 9:00 am and 4:30pm (Vigil)

SUNDAY MASS SCHEDULE

8:00 am; 10:00 am and 12:00 Noon

HOLY DAY SCHEDULE

Holy Day at 9:00am

CONFESSION/SACRAMENT OF PENANCE

Saturdays at 3:30PM
Seasonal Penance Services during Advent and Lent

RECTORY OFFICE HOURS

Monday to Friday 9:00am to 5:00pm
Saturday & Sunday by appointment only

Pastoral Staff

The Very Rev. William F. Sweeney, Pastor
Rev. James K. Cunningham, Associate
Monsignor John J. Bracken (Retired) Sunday Assistant
Deacon Vincent LaGamba (Retired)
Deacon Armand D'Accordo

Parish Staff

Mrs. Dorothy Brenna, Parish Secretary
Mrs. Susan Gavigan, Parish Receptionist
Mrs. Anne Marie Greene, Director of Religious Education
Ms. Suzanne Blum, Religious Education Assistant
Mr. Michael Fontana, Music Director

Parish Contact Information:

Parish Office/Rectory Phone: 718-634-6464
Religious Education Office Phone: 718-945-6911

ST. FRANCIS DE SALES PARISH MISSION STATEMENT

St. Francis de Sales, a parish steeped in tradition, rich in natural beauty and bountifully blessed with a community devoted in love to serve God and our neighbor. We seek to live actively the Word of God through the example of our patron saint, a life devoted to energetic, generous and constant fidelity to the will of God. Empowered by the Holy Spirit we will grow in our faith through continuous education, formation, communication, and out-reach, while passing these values on to our future generations. We endeavor to be a most vibrant community of faith which will effectively utilize the talents, resources, and treasures of our parish for the good of all God's people.

CARE OF THE SICK

If there is an elderly, sick or infirm parishioner who wishes to receive Holy Communion or the Anointing of the Sick, please call the Parish Office.

ANOINTING OF THE SICK

Communal Celebrations of the Sacrament of the Anointing of the Sick will take place the first Saturday of each Month at the 9:00 AM Mass.

BAPTISM

Parents are asked to contact the Parish Office to schedule an appointment with a priest or deacon to complete the Baptismal Registration Form. Parents are required to attend a Baptismal Instruction at 7:00pm on the First Thursday of the month. Baptisms are celebrated on the Second Sunday of the month at 2:00pm.

MARRIAGE

Preparations for the Sacrament of Marriage are very important and take time. Couples planning to be married at Saint Francis De Sales are asked to contact the Parish Office no less than eight months prior to the wedding date. Please do not schedule the catering hall prior to making arrangements at the parish. Couples are required to attend the Pre-Cana Program of the Parish at least six months prior to the wedding.

PARISH OFFERINGS

Available in the Parish Rectory during office hours.

Mass Stipend	\$20 per Mass
Bread & Wine for the week	\$50
Candles for the week	\$50
Flowers for the week	\$150

Parish Website: <https://sfdsparish.org/>

Parish Facebook Page: <https://www.facebook.com/sfdchurch>

"Never miss an opportunity to do good." - St. Francis de Sales

Parish Trustees

Mrs. Kristin Franchock
Mr. Michael Lee

Parish Finance Council

Mr. Thomas Allison
Mrs. Jaclyn Blum
Mrs. Rebecca Carey
Mr. Matthew Daly
Mrs. Brynn Heegan
Mr. Joseph Keenan
Mr. Dan Twomey

Parish Council

Mrs. Meghan Flanagan, Co-Chair
Mr. Timothy Henning, Co-Chair
Mrs. Janice Ameruso
Mrs. Noelle Hutton Burns
Mrs. Claire Conti
Mr. Mike Coughlin
Mr. Joseph Courtney
Mrs. Sarah Dwyer
Mr. Joseph Featherston
Mrs. Kristin Franchock
Mr. Sean Fitzgerald
Mrs. Chrystie Rasmussen

St. Francis de Sales Catholic Academy

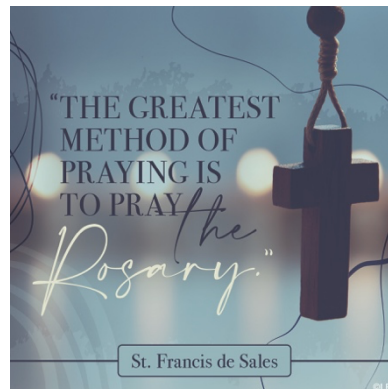
219 Beach 129 Street
Belle Harbor, NY 11694

(718) 634-2775

www.stfrancisacademybh.org



Dr. Christopher Scharbach, Principal
Mrs. Maureen Hayes, Assistant Principal
Mrs. Danielle Farragher, Assistant Principal
Ms. Helen Endall, School Secretary



JOIN US

TO PRAY THE ROSARY

The rosary is prayed every morning at 8:40AM before the 9:00AM Mass and every Monday at 7:00PM in the church.

Join us!



SFDS PARISH MASS INTENTIONS

Masses for the week of February 15 - 22, 2026

Sunday

8:00 AM Richard Roberts
10:00 AM Carol Conroy
For the Souls in Purgatory
James Sluyk Sr.
Marie Howley
Owen Moriarty
Susan Rossi
12:00 PM Frank Tammaro Sr. 5th A
James & Eleanor Mills & Daniel and
Eileen O'Callaghan
Adam DeMaria

Monday

9:00 AM Daniel E. Faughnan Jr.

Tuesday

9:00 AM Mary McDermott and Murial Duggan

Ash Wednesday

9:00 AM Kathleen Bonner
Hugh Cavanaugh

Thursday

9:00 AM Catherine A. Gallagher (B)
Michael W. O'Shaughnessy

Friday

9:00 AM John Frain Jr. and Therese M. Heiss

Saturday

9:00 AM The Deceased Sisters of St. Joseph
4:30 PM Larry McCrory
Maureen Robinson (B)

Sunday

8:00 AM Patrick Brady
Marie Joseph and John Joseph
10:00 AM Gil Schmuker
Michele Nicaastro
Msgr. John J. Brown (B)
The Rhatigan Family
James L. Conigliaro
12:00 PM Anthony DiCarlo 7th A

WEEKLY REMEMBRANCES:

The Bread and Wine to be offered this week is in loving memory of: **Monsignor John J. Brown**

REST IN PEACE

Please remember our parishioners who have recently gone to eternal rest. May their souls and the souls of all the faithful departed through the mercy of Christ rest in peace. **Howie Hollander and Avelino T. Nanz**

SICK AND HOMEBOUND

Kindly remember in your prayers:

John Z **Jessica Podolak**
Liz Grunig, **Janine Cerrone,**
Patricia Clark, **Sue Bradley,**
Fr. Michael McGee **Jeanette Ansaldi**
Patricia Allison **Miranda Jukic**
Fr. Guy Sbordone

PARISH 500 CLUB WINNERS:

Congratulations to our winners this week:

\$100 #215 **Brian & Lynn Duffy**
\$ 50 #035 **Nancy Re**
\$25 #325 **Barbara Royal**

OBSERVANCES FOR THE WEEK OF 2/15/26

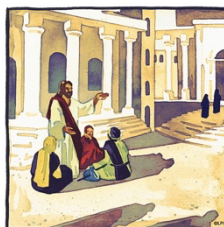
Sunday: 6th Sunday in Ordinary Time
Monday: Presidents' Day
Tuesday: 7 Holy Founders of the Servite Order
Wednesday: Ash Wednesday
Thursday:
Friday:
Saturday: St. Peter Damian
Next Sunday: 1st Sunday of Lent

THIS SUNDAY'S READINGS – 2/15/26

First Reading: No one does he command to act unjustly, to none does he give license to sin. (Sir 15:20)

Psalm: Blessed are they who follow the law of the Lord! (Ps 119)

Second Reading: Rather, we speak of God's wisdom, mysterious, hidden, which God predetermined before the ages for our glory. (1 Cor 2:7)



Gospel: "I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven." (Mt 5:20)

LIVE THE LITURGY – WEEKLY INSPIRATION

Jesus does not want us to live within the law — he wants the law to live within us. God’s law, fulfilled by His Son, is rich soil. We must let it nourish the words and the decisions of our Christian life — only then will it flow forth into the world. ©L.Pi

MASS BOOK/MEMORIAL REMEMBRANCES

The Mass Book is now open for 2026. Announced masses are \$20.00 per Mass. Our Masses are as follows: 9:00 AM Mass Monday through Saturday: Masses for weekend are 4:30 PM on Saturday evening, Sunday, 8:00 AM, 10:00 AM and 12:00 Noon. Thank you.

Just a reminder that St. Francis de Sales Parish has the following memorials available in the rectory to remember a loved one or friend.

✠	Bread & Wine for the week	\$50	
✠	Candles for the week	\$50	
✠	Flowers for the week	\$150	
✠	Annual Shrine Candles	\$350	(NEW)

The Annual Shrine Candles are located in the shrines on each side of the church. The annual donation includes a personalized plate with the name(s) of your loved one, that will be placed in the shrines for one year.

Please write separate checks for Masses and a separate for Bread and Wine, Flowers and Candles. We appreciate if you make out your list of Masses and any other request like Bread and Wine, etc., and drop it off at the rectory.

LOOKING TO MEMORIALIZE A LOVED ONE?

St. Francis de Sales Parish has items available to be memorialize:

- Cope for Benediction: \$1,200
- Humeral Veil for Benediction \$775
- Sanctuary Kneelers \$1,400 ea. (3 needed)

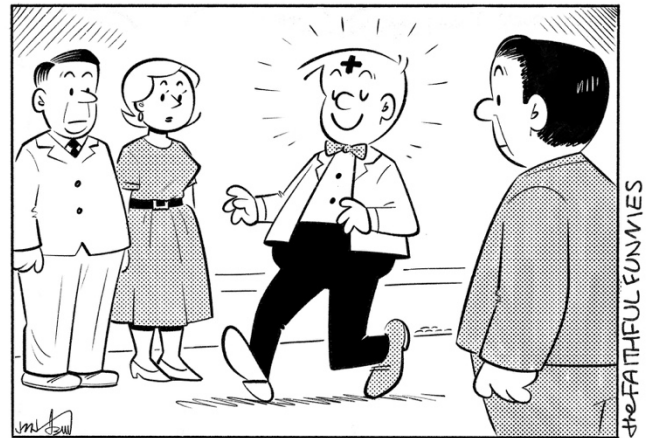
Please speak with Father Jim if interested. Thank you

SFDS GRIEF SHARE SUPORT GROUP

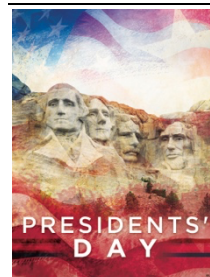
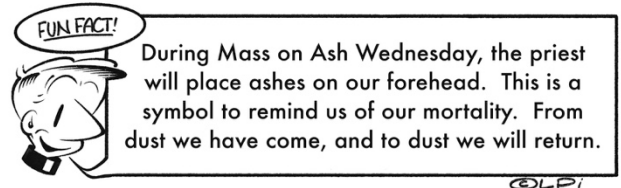
For anyone over the age of 18 grieving the loss of a loved one, the St. Francis de Sales Grief Share support group will meet Tuesday evenings from January 13 – March 31st 2026 (*Please Note: There will be no meeting on St. Patrick’s Day, March 17th*) from 7:00 – 8:30PM in the SFDS Parish House, located at 216 Beach 130th Street on the 2nd Floor. For more information please call the SFDS Rectory at 718-634-6464



“There’s a certain Wednesday during the year when you can easily tell who’s Catholic.”



“I doubt you need to **Ash** me which one that is.”



PLEASE NOTE:

The Rectory will be closed this Monday, February 16th in observance of President’s Day. Thank you for your understanding.

ASH
WEDNESDAY

St. Francis de Sales Parish

129-16 Rockaway Beach Blvd, Belle Harbor, NY 11694

ASH WEDNESDAY SCHEDULE

FEBRUARY 18, 2026

- 7:00 - 7:30AM - ASH DISTRIBUTION
- 9:00AM - MASS
- 12:00PM - MASS
- 4:00PM - PRAYER SERVICE
- 7:00PM - MASS

Ashes will be distributed at each mass and the prayer service.

STATIONS OF THE CROSS

Every Wednesday in Lent
at 7:00PM

Every Monday after the Novena
following the 9:00AM Mass.



St. Francis de Sales Parish

129-16 Rockaway Beach Boulevard, Belle Harbor, NY 11694

LENTEN STATIONS OF THE CROSS 2026 Every Wednesday in Lent - 7:00PM within the Church



Wednesday
February 25th

Fr. Randy Nguyen
Associate Pastor
St. Patrick's Parish
Bay Ridge
Newly Ordained Priest



Wednesday
March 4th

Fr. Christopher Ryan Heanue
Pastor
St. Joan of Arc
Jackson Heights
Director of the
Irish Apostolate



Wednesday
March 11th

Fr. Kevin Abels
Pastor
Our Lady of Angels
St. Andrew's
St. Anselm
Bay Ridge



Wednesday
March 18th

Fr. Brian Barr
Pastor
Beach Catholic
Long Beach



Wednesday
March 25th

Deacon Paul Zwolak
To be Ordained
This June



Wednesday
April 1st

Fr. Sean M. Suckiel
Pastor
Holy Family &
American Martyrs
Fresh Meadows

PLEASE JOIN US!

©LPi

LENTEN REGULATIONS 2026

Once again, the celebration of Christ's Passion and Resurrection draws near. In our preparation for Easter, the Church invites us to observe the penitential and grace filled season of Lent which commences on February 18, 2026 with the observance of Ash Wednesday. Lent is a time of renewal for the entire Catholic community. It is also a time of spiritual accompaniment as we assist the catechumens and candidates who will be welcomed into communion with the Church during the Easter Season. In order to assist the faithful of the Diocese of Brooklyn to take full advantage of the Lenten season, our Bishop, Most Reverend Robert Brennan wishes to draw attention to the following:

Abstinence – All the faithful who have reached 14 years of age are required to abstain totally from meat on Ash Wednesday and the Fridays of Lent.

Fasting – All the faithful between the ages of 18 and 59 inclusive are bound to fast on Ash Wednesday and Good Friday. This practice involves limiting oneself to a single full meal and avoiding food between meals. Light sustenance may also be taken on two other occasions during the day.

Easter Duty– After they have been initiated into the Most Holy Eucharist, all the faithful are bound by the obligation of receiving Holy Communion at least once a year. This precept must be fulfilled during the Easter season, unless for a good reason it is fulfilled at another time of the year. By special indult, in the United States, the period for fulfilling this precept has been extended to include the period beginning the First Sunday of Lent (February 22, 2026) to the celebration of Pentecost (May 24, 2026).



Cupid's Céilí



Saturday February 28th

Kiss February goodbye with an afternoon of Irish Music and Dance

St. Francis De Sales Gym

219 Beach 129th Street Belle Harbor, NY

12:30-3:30PM



Hosted by:

**St. Francis De Sales Parish &
The Killoran-Clancy-Whelan Branch of
Comhaltas Ceoltóirí Éireann**

**Traditional Irish Music, Dancing, and
Language for all to learn and enjoy!
No experience necessary.**



**Plan on light refreshments, dance
instruction, live traditional music, Irish
language, and lots of fun!**

All are welcome!



\$20 Per Adult

\$5.00 Children ages 3-14

Free for ages 2 and under.



Online ticket purchase preferred or \$25 pay at the door

For information call

Father Jim at 917-561-7331 or reach

Ann Marie Acosta Williams at 917-692-1332 or

Rinceceol@aol.com



COMHALTAS

www.tinyurl.com/irishceili



Dear Parishioners of St. Francis de Sales,

As Catholic Schools Week comes to a joyful close, we give thanks for all who make our academy so special. This past week reminded us of the great gift of Catholic education, where faith, knowledge, service, and community come together to form young hearts and minds rooted in Christ. We are grateful for our dedicated clergy, faculty, staff, families, and students who live out our shared mission each day.

As we turn the page from celebration to reflection, the Church now invites us into the sacred season of Lent, beginning with Ash Wednesday this week. Lent is a time of renewal, a forty-day journey that calls each of us to slow down, look inward, and draw closer to God through prayer, fasting, and almsgiving.

The ashes we receive are a powerful reminder of both our human frailty and God's boundless mercy. They mark not an end, but a beginning: a renewed commitment to conversion of heart. During Lent, we are encouraged to let go of what distracts us from God and to make room for what truly matters: deeper prayer, greater generosity, and a more intentional love of neighbor.

May our Lenten sacrifices strengthen our faith, our acts of charity reflect Christ's love, and our prayer draw us more fully into the mystery of His saving grace.

We look forward to walking this Lenten journey together, preparing our hearts for the joy of Easter and the promise of new life in the Resurrection.

May God bless our parishes, our academy, and all who call St. Francis de Sales home.

Sincerely,

Christopher Scharbach, Ed.D., Principal
St. Francis de Sales Catholic Academy
cscharbach@stfrancisschoolbh.net

PARISH MINISTRIES:

Altar Servers: Training for new altar servers occurs each year for young girls and boys in the parish, grade 4 and older.

Youth Faith Formation: Designed for children aged 16 and younger that are baptized but did not make First Penance or First Holy Communion. Please speak with Mrs. Greene if interested.

Lectors/Extraordinary Ministers of the Eucharist: If interested in serving, please speak with Father Jim.

Adult and Children's Choir: If interested please speak with Mr. Michael Fontana

Right of Christian Initiation of Adults (RCIA): Designed for adults aged 16 in older interested in the Catholic Faith. Please speak with Father Jim if interested.

Parish Council: If interested in serving on the Parish Council, please speak with Father Bill.

Sea Breeze Golden Age Club: Meets the 1st and 3rd Wednesday from September to June in the SFDS Gymnasium from 12:00 – 3:00PM. For more information call Ellen Mendonca at 631-923-7866

Catholic Youth Organization (CYO) Sports: For more information on the SFDS CYO Organization please visit:
<https://sfdsparish.org/ministries/cyo>

Live Streamers: This is the group that helps live stream our masses as well as certain funerals and weddings. Help is needed. You will be trained.

Hospitality Ministry: This committee will assist with planning fellowship opportunities around parish spiritual events and religious celebrations. If interested in joining please speak with Father Jim

Bereavement: Grief Share Support group for anyone over 18 grieving the loss of a loved one. For more information please contact the rectory.

PLEASE CONSIDER GETTING INVOLVED!
THANK YOU!

**PLEASE KEEP OUR BRAVE MEN AND WOMEN
IN YOUR PRAYERS, ESPECIALLY:**

United States Army

- † Major Casey Fay
- † Capt. Alek Kauffman
- † 1st Lt. Molly Murtagh, USMA, West Point
- † Sergeant First Class Patrick O'Leary
- † 1st Lt. Aidan Smith
- † CW4 Rafael Solis
- † Cadet Megan Youngberg, USMA, West Point

United States Marine Corps

- † Second Lieutenant Jack Bambury
- † PFC Bailey Boden
- † Lt. 2nd Grade, Connor Bradwisch
- † 1st LT. Alexandra Dadario
- † Major John Inman
- † Colonel J.P. Kearns
- † PFC Randy Scott Koenig Jr.
- † Corporal Frankie McVeigh
- † LNCPL Joseph Milone
- † PFC Jake Morales
- † Colonel Brian Mulvihill
- † Captain Terence J. Stackpole
- † Pvt. Matthew Sweeny
- † CPL Charles Watson

United States Navy

- † Midshipman Grace Bradwisch, *Univ. of Tampa*
- † Lieutenant Commander Sean Casey
- † Midshipman Sean Donohue, *USNA Annapolis*
- † Midshipman Lauren Endall, *Virginia Tech*
- † Senior Chief Petty Officer Evan Felvey
- † Midshipman Ava Mollaghan *U.S.C.*
- † Chief Petty Officer Thomas Pulkowski
- † Lieutenant John Scaccia
- † Midshipman Michael Strehle, *USNA Annapolis*
- † LT. JG Kevin Strehle
- † Midshipman Finn Zam, *USNA Annapolis*

United States Air Force

- † Cadet Catherine Dean, *USAFA, Colorado Springs*
- † 2nd Lt. John Glynn
- † Captain Thomas Glynn
- † Sergeant Stephen Pulkowski

United States Coast Guard

- † Seaman Pat Ayrovainen
- † 3rd Class Boatswain, Billy McDonnell
- † Seamen Aidan Murray

“Lord, hold our troops in Your loving hands. Protect them as they protect us. We ask this in the name of Jesus, Our Lord and Savior. Amen.”

If you have a child, relative or friend in the military, whose name and service you would like included in our bulletin, please contact the rectory at 718-634-6464. Also, if your loved one's military service status or rank changes, please let us know. Thank You!



worldwide
marriage
encounter

presents



Celebrate
Marriage

Come spend the day with the love of your life! This enrichment will renew your dreams, increase your passion and refresh & celebrate the Sacrament of your marriage.

Saturday, Feb. 28, 2026
8:30 AM—4:00 PM
Catholic Mass follows

Our Lady of Grace RC Church
100-05-159th Avenue
Howard Beach, NY 11414

Community Room
Our Lady of Grace
Rectory Basement

\$75 per couple
mail check payable to **WWME**
82 Toomey Road ~ West Islip, NY 11795
Contact: Chuck & MaryJane Young
(646) 642-7463
Chuck.maryjane.young@wwme.org
Apply by Feb. 24, 2026

Includes continental breakfast, lunch, & materials

Visit
www.WWME.org



**DIOCESAN LENTEN
PILGRIMAGE**

It is once again the honor of the Secretariat for Evangelization and Catechesis to invite all the faithful of the Diocese to join Bishop Brennan in the 4th Annual Lenten Pilgrimage. The event's official app, **Lenten Pilgrimage- Diocese of Brooklyn**, is available for download for both Apple and Android devices. As Ash Wednesday, February 18, 2026 approaches, we encourage you to install the app and join us for this meaningful occasion.

MINISTERS TRAINING WORKSHOP

The Diocese is offering two workshops for individuals looking to become Extraordinary Ministers of Holy Communion and Lectors, as well as refresher workshops for Extraordinary Ministers of Holy Communion. The dates are March 7, 2026 at The Mary Lous Academy in Queens, and May 2, 2026 at St. Edmund Prep High School in Brooklyn. If interested, please call the rectory or speak with one of the priests. Thank You

NAWAS INTERNATIONAL TRAVEL

PILGRIMAGE TO THE SHRINES OF FRANCE

12 DAYS: MARCH 1 - 12, 2027

Visiting

LOURDES * NEVERS * TOURS AREA
LOIRE VALLEY * CHARTRES * MONT ST. MICHEL
NORMANDY * CAEN * LISIEUX * PARIS

Hosted by

FR. JAMES CUNNINGHAM

ST. FRANCIS DESALES PARISH

&

FR. KEVIN ABELS

OUR LADY OF ANGELS CATHOLIC CHURCH
ST. ANDREW THE APOSTLE CATHOLIC CHURCH
ST. ANSELM CATHOLIC CHURCH

\$4699 PER PERSON FROM NEW YORK

(Air/land tour price is \$4149 plus \$550 government taxes/airline surcharges)

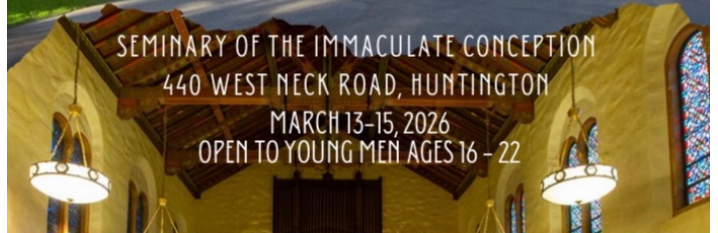


QUALITY TOURS SINCE 1949



Presenter
Bishop
Brennan

BISHOP'S ANNUAL VOCATION RETREAT

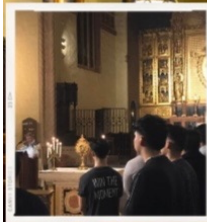


SEMINARY OF THE IMMACULATE CONCEPTION

440 WEST NECK ROAD, HUNTINGTON

MARCH 13-15, 2026

OPEN TO YOUNG MEN AGES 16 - 22



ADVANCE REGISTRATION REQUIRED

Email: cdost@diobrook.org Vocation Office: 718.827.2454

www.brooklynpriests.org

LENT PREPARE THE WAY OF THE LORD

©LPI

Things to fast from THAT AREN'T CHOCOLATE



Gossip



Hot showers



Bread



Electricity



Saying
'I think'



Making
Excuses



Sleeping in



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

©LPI

PUZZLE

Find and circle these words from today's Gospel:

- | | | |
|--------|----------|---------|
| OBEDY | ANGRY | PROMISE |
| BETTER | FAITHFUL | KEEP |
| MURDER | THOUGHTS | SWEAR |

Y T O B U O M E U Y S
 A G L S W E A R O T I
 B R E H T I N Y E H A
 C I F O R A G E Y O M
 E S A T I B R O T U A
 O D I S K O Y I E G C
 B E T T E R M U N H D
 E S H B E T Y R A T A
 Y T F A P R O M I S E
 A C U H I S E F O L U
 W Y L A N M U R D E R

MISSION

Ask your parents to list three ways you can honor them.

GROWING WITH THE Gospel

CYCLE A

COLOR

Read the Gospel of the week and color the image.

