



YOUR LIGHT MUST
SHINE.

— MATTHEW 5:16 —

FIFTH SUNDAY IN ORDINARY TIME

©LPI

Saint Francis De Sales Parish

129-16 Rockaway Beach Blvd.
Belle Harbor, NY 11694

FIFTH SUNDAY IN ORDINARY TIME
FEBRUARY 8, 2026

WEEKDAY MASS SCHEDULE

Monday to Friday: 9:00am
Saturday: 9:00 am and 4:30pm (Vigil)

SUNDAY MASS SCHEDULE

8:00 am; 10:00 am and 12:00 Noon

HOLY DAY SCHEDULE

Holy Day at 9:00am

CONFESSION/SACRAMENT OF PENANCE

Saturdays at 3:30PM
Seasonal Penance Services during Advent and Lent

RECTORY OFFICE HOURS

Monday to Friday 9:00am to 5:00pm
Saturday & Sunday by appointment only

Pastoral Staff

The Very Rev. William F. Sweeney, Pastor
Rev. James K. Cunningham, Associate
Monsignor John J. Bracken (Retired) Sunday Assistant
Deacon Vincent LaGamba (Retired)
Deacon Armand D'Accordo

Parish Staff

Mrs. Dorothy Brenna, Parish Secretary
Mrs. Susan Gavigan, Parish Receptionist
Mrs. Anne Marie Greene, Director of Religious Education
Ms. Suzanne Blum, Religious Education Assistant
Mr. Michael Fontana, Music Director

Parish Contact Information:

Parish Office/Rectory Phone: 718-634-6464
Religious Education Office Phone: 718-945-6911

ST. FRANCIS DE SALES PARISH MISSION STATEMENT

St. Francis de Sales, a parish steeped in tradition, rich in natural beauty and bountifully blessed with a community devoted in love to serve God and our neighbor. We seek to live actively the Word of God through the example of our patron saint, a life devoted to energetic, generous and constant fidelity to the will of God. Empowered by the Holy Spirit we will grow in our faith through continuous education, formation, communication, and out-reach, while passing these values on to our future generations. We endeavor to be a most vibrant community of faith which will effectively utilize the talents, resources, and treasures of our parish for the good of all God's people.

CARE OF THE SICK

If there is an elderly, sick or infirm parishioner who wishes to receive Holy Communion or the Anointing of the Sick, please call the Parish Office.

ANOINTING OF THE SICK

Communal Celebrations of the Sacrament of the Anointing of the Sick will take place the first Saturday of each Month at the 9:00 AM Mass.

BAPTISM

Parents are asked to contact the Parish Office to schedule an appointment with a priest or deacon to complete the Baptismal Registration Form. Parents are required to attend a Baptismal Instruction at 7:00pm on the First Thursday of the month. Baptisms are celebrated on the Second Sunday of the month at 2:00pm.

MARRIAGE

Preparations for the Sacrament of Marriage are very important and take time. Couples planning to be married at Saint Francis De Sales are asked to contact the Parish Office no less than eight months prior to the wedding date. Please do not schedule the catering hall prior to making arrangements at the parish. Couples are required to attend the Pre-Cana Program of the Parish at least six months prior to the wedding.

PARISH OFFERINGS

Available in the Parish Rectory during office hours.

Mass Stipend	\$20 per Mass
Bread & Wine for the week	\$50
Candles for the week	\$50
Flowers for the week	\$150

Parish Website: <https://sfdsparish.org/>

Parish Facebook Page: <https://www.facebook.com/sfdchurch>

"Never miss an opportunity to do good." - St. Francis de Sales

Parish Trustees

Mrs. Kristin Franchock
Mr. Michael Lee

Parish Finance Council

Mr. Thomas Allison
Mrs. Jaclyn Blum
Mrs. Rebecca Carey
Mr. Matthew Daly
Mrs. Brynn Heegan
Mr. Joseph Keenan
Mr. Dan Twomey

Parish Council

Mrs. Meghan Flanagan, Co-Chair
Mr. Timothy Henning, Co-Chair
Mrs. Janice Ameruso
Mrs. Noelle Hutton Burns
Mrs. Claire Conti
Mr. Mike Coughlin
Mr. Joseph Courtney
Mrs. Sarah Dwyer
Mr. Joseph Featherston
Mrs. Kristin Franchock
Mr. Sean Fitzgerald
Mrs. Chrystie Rasmussen

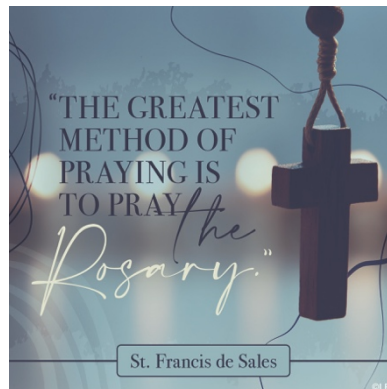
St. Francis de Sales Catholic Academy

219 Beach 129 Street
Belle Harbor, NY 11694

(718) 634-2775

www.stfrancisacademybh.org

Dr. Christopher Scharbach, Principal
Mrs. Maureen Hayes, Assistant Principal
Mrs. Danielle Farragher, Assistant Principal
Ms. Helen Endall, School Secretary



JOIN US TO PRAY THE ROSARY

The rosary is prayed every morning at 8:40AM before the 9:00AM Mass and every Monday at 7:00PM in the church.

Join us!



SFDS PARISH MASS INTENTIONS

Masses for the week of February 8 – 15, 2026

Sunday

8:00 AM Mike Honan
10:00 AM Augustine Ameruso
Mary and Frank Santoro
Michelle Nicastro
Sean O'Loughlin
12:00 PM Anna Moriarty Sr. (B)

Monday

9:00 AM Matthew O'Brien (A)

Tuesday

9:00 AM Maryellen Quinn

Wednesday

9:00 AM Rita Hayden

Thursday

9:00 AM Richard O'Connor (B)

Friday

9:00 AM Bill Comerford (B)
Catherine McVeigh (47th A)
Christine Roberts (73rd B)
Grace O'Boyle (A)
Mary and William O'Hagan

Saturday

9:00 AM Rita Hayden
4:30 PM Coleman and O'Toole Families
Larry McCrory
Sean O'Loughlin

Sunday

8:00 AM Richard Roberts
10:00 AM Carol Conroy
For the Souls in Purgatory
James Sluyk Sr.
Marie Howley
Owen Moriarty
Susan Rossi
12:00 PM Frank Tammaro Sr. (5th A)
James & Eleanor Mills &
Daniel & Eileen O'Callaghan
Adam DeMaria

WEEKLY REMEMBRANCES:

The Bread and Wine to be offered this week is in loving memory of: **Anna Moriarty, Richie Allen Sr., Myrial McGuire (Anniversary) and Kathleen DeBoer**

The Candles on the Altar this week are in loving member of **Kathleen DeBoer**

REST IN PEACE

Please remember our parishioners who have recently gone to eternal rest. May their souls and the souls of all the faithful departed through the mercy of Christ rest in peace. **James Conigliaro, Janice Allen and Antoinette Bifulco**

SICK AND HOMEBOUND

Kindly remember in your prayers: **Janine Cerrone, John Z, Jessica Podolak, Liz Grunig, and Thomas Farr.**

PARISH 500 CLUB WINNERS:

Congratulations to our winners this week:

\$100 #028 **Caitlin Drury**
\$ 50 #020 **Martin McManus**
\$25 #185 **Ellen Mondonca**

OBSERVANCES FOR THE WEEK OF 2/8/26

Sunday: 5th Sunday in Ordinary Time
World Marriage Day
Monday:
Tuesday: St. Scholastica, Virgin
Wednesday: Our Lady of Lourdes
Thursday:
Friday:
Saturday: Sts. Cyril and Methodius
Next Sunday: 6th Sunday in Ordinary Time

THIS SUNDAY'S READINGS – 2/8/26

First Reading: Then your light shall break forth like the dawn, and your wound shall quickly be healed. (Is 58:8)

Psalm: The just man is a light in darkness to the upright. (Ps 112)

Second Reading: When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. (1 Cor 2:1-2)

Gospel: "You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket." (Mt 5:14-15)

LIVE THE LITURGY – WEEKLY INSPIRATION

Salt without flavor is no longer salt. Light that illuminates nothing is no longer light. As Christians, we must be what we have been made to be. So think about it, carefully: what stands between you and being who you were made to be? ©LPi

MASS BOOK/MEMORIAL REMEMBRANCES

The Mass Book is now open for 2026. Announced masses are \$20.00 per Mass. Our Masses are as follows: 9:00 AM Mass Monday through Saturday: Masses for weekend are 4:30 PM on Saturday evening, Sunday, 8:00 AM, 10:00 AM and 12:00 Noon. Thank you.

Just a reminder that St. Francis de Sales Parish has the following memorials available in the rectory to remember a loved one or friend.

✠	Bread & Wine for the week	\$50	
✠	Candles for the week	\$50	
✠	Flowers for the week	\$150	
✠	Annual Shrine Candles	\$350	(NEW)

The Annual Shrine Candles are located in the shrines on each side of the church. The annual donation includes a personalized plate with the name(s) of your loved one, that will be placed in the shrines for one year.

Please write separate checks for Masses and a separate for Bread and Wine, Flowers and Candles. We appreciate if you make out your list of Masses and any other request like Bread and Wine, etc., and drop it off at the rectory.

LOOKING TO MEMORIALIZE A LOVED ONE?

St. Francis de Sales Parish has items available to be memorialize:

- Cope for Benediction: \$1,200
- Humeral Veil for Benediction \$775
- Sanctuary Kneelers \$1,400 ea. (3 needed)

Please speak with Father Jim if interested. Thank you

SFDS GRIEF SHARE SUPPORT GROUP

For anyone over the age of 18 grieving the loss of a loved one, the St. Francis de Sales Grief Share support group will meet Tuesday evenings from January 13 – March 31st 2026 (*Please Note: There will be no meeting on St. Patrick's Day, March 17th*) from 7:00 – 8:30PM in the SFDS Parish House, located at 216 Beach 130th Street on the 2nd Floor. For more information please call the SFDS Rectory at 718-634-6464

“SOUPER” BOWL SUNDAY SOUP COLLECTION

As we enjoy the Big Game this weekend, let's remember our neighbors in need by bringing soup to church on Super Bowl weekend. There will be bins in the back vestibules of the church for you to place your soup donations.

You can also order soup online and send it directly to:
St Mary's Rectory Catholic Charities NS
1920 New Haven Avenue Attn: Sheldon Peters
Far Rockaway, NY 11691 57-10 Beach Channel Dr.
Arverne, NY 11692

A MESSAGE FROM THE OFFICE OF RELIGIOUS EDUCATION

On Wednesday, January 21, 2026, seventy-three of our children received the Sacrament of First Reconciliation, approaching God's mercy with open hearts and experiencing His loving forgiveness and healing grace.



Through this sacrament, our children were strengthened in their relationship with God and invited to walk more closely with Christ. We ask our parish family to keep these children in your prayers as they continue their faith journey and prepare to receive the Sacrament of Holy Communion. May the grace they have received take root in their hearts and guide them in faith, hope, and love.



St. Francis de Sales Parish

129-16 Rockaway Beach Blvd, Belle Harbor, NY 11694

SOUPER BOWL COLLECTION 2026



ST. FRANCIS DE SALES PARISH WILL ONCE AGAIN BE COLLECTING CANS OF SOUP THE WEEKEND OF FEBRUARY 7TH & 8TH TO BE DONATED TO LOCAL FOOD PANTRIES. AS WE ENJOY THE BIG GAME, LET'S REMEMBER OUR NEIGHBORS DURING THESE FRIGID TEMPERATURES AND DIFFICULT CIRCUMSTANCES CAUSED BY COVID.

PLEASE LEAVE YOUR DONATIONS IN THE BACK OF THE CHURCH THE WEEKEND OF THE BIG GAME.

YOU CAN ALSO ORDER SOUP ONLINE AND HAVE IT DELIVERED DIRECTLY TO:

ST MARY'S STAR OF THE SEA
1920 NEW HAVEN AVE
FAR ROCKAWAY NY 11691

ST CAMILLUS
99-15 ROCKAWAY BEACH
ROCKAWAY BEACH NY 11694

ST ROSE OF LIMA
130 BEACH 84TH STREET
ROCKAWAY BEACH NY 11693



THANK YOU FOR YOUR GENEROSITY!

ST. FRANCIS DE SALES CATHOLIC ACADEMY UPDATE



Dear Parishioners of St. Francis de Sales,

This week we celebrate Catholic Schools Week, a time to give thanks for the gift of Catholic education and, in a special way, for St. Francis de Sales Catholic Academy. Catholic Schools Week invites us to reflect on the important partnership among parishes and families as we work together to form young people in faith, knowledge, and service, rooted in the values of the Gospel and the gentle wisdom of our patron, St. Francis de Sales.

At St. Francis de Sales Catholic Academy, education is centered on the belief that every child is created in the image and likeness of God. Our Academy is a place where students are challenged academically, supported emotionally, and guided spiritually. Each day is grounded in prayer, and faith is naturally woven into every subject and activity. Students are encouraged to live their faith through acts of kindness, service to others, respect for differences, and a commitment to doing what is right, even when it is not easy.

Catholic Schools Week is also an opportunity to celebrate our dedicated faculty and staff. Their commitment, professionalism, and care for each child help create a nurturing environment where students feel known, valued, and inspired to reach their full potential. In partnership with our families, our faculty and staff prepare students not only for academic success but also for lives rooted in faith, integrity, and compassion.

Through liturgies, service opportunities, and shared celebrations, students come to understand that their faith is lived both inside and outside the classroom. This strong foundation helps graduates become confident, thoughtful, and prepared to lead with purpose in high school and beyond.

As we celebrate Catholic Schools Week, we also look ahead with gratitude and excitement for the future of St. Francis de Sales Catholic Academy. Applications for the 2026–2027



school year are now open, with all applications due by Friday, March 6th. Please note that we anticipate waitlists across most grade levels for the 2026–2027 school year, and families are strongly encouraged to apply early. For more information, please use the QR code on the left.

We thank our parish community for your continued prayers and support. Together, we celebrate Catholic Schools Week and the many blessings of St. Francis de Sales Catholic Academy.

Sincerely,
Christopher Scharbach, Ed.D., Principal
St. Francis de Sales Catholic Academy
cscharbach@stfrancisschoolbh.net



SFDS PARISH MINISTRIES

PARISH MINISTRIES:

Altar Servers: Training for new altar servers occurs each year for young girls and boys in the parish, grade 4 and older.

Youth Faith Formation: Designed for children aged 16 and younger that are baptized but did not make First Penance or First Holy Communion. Please speak with Mrs. Greene if interested.

Lectors/Extraordinary Ministers of the Eucharist: If interested in serving, please speak with Father Jim.

Adult and Children's Choir: If interested please speak with Mr. Michael Fontana

Right of Christian Initiation of Adults (RCIA): Designed for adults aged 16 in older interested in the Catholic Faith. Please speak with Father Jim if interested.

Parish Council: If interested in serving on the Parish Council, please speak with Father Bill.

Sea Breeze Golden Age Club: Meets the 1st and 3rd Wednesday from September to June in the SFDS Gymnasium from 12:00 – 3:00PM. For more information call Ellen Mendonca at 631-923-7866

Catholic Youth Organization (CYO) Sports: For more information on the SFDS CYO Organization please visit:
<https://sfdsparish.org/ministries/cyo>

Live Streamers: This is the group that helps live stream our masses as well as certain funerals and weddings. Help is needed. You will be trained.

Hospitality Ministry: This committee will assist with planning fellowship opportunities around parish spiritual events and religious celebrations. If interested in joining please speak with Father Jim

Bereavement: Grief Share Support group for anyone over 18 grieving the loss of a loved one. For more information please contact the rectory.

PLEASE CONSIDER GETTING INVOLVED!
THANK YOU!

ASH
WEDNESDAY

St. Francis de Sales Parish

129-16 Rockaway Beach Blvd, Belle Harbor, NY 11694

ASH WEDNESDAY SCHEDULE

FEBRUARY 18, 2026

- 7:00 - 7:30AM - ASH DISTRIBUTION
- 9:00AM - MASS
- 12:00PM - MASS
- 4:00PM - PRAYER SERVICE
- 7:00PM - MASS

Ashes will be distributed at each mass and the prayer service.

STATIONS OF THE CROSS

Every Wednesday in Lent
at 7:00PM

Every Monday after the Novena
following the 9:00AM Mass.



**PLEASE KEEP OUR BRAVE MEN AND WOMEN
IN YOUR PRAYERS, ESPECIALLY:**

United States Army

- † Major Casey Fay
- † Capt. Alek Kauffman
- † 1st Lt. Molly Murtagh, USMA, West Point
- † Sergeant First Class Patrick O'Leary
- † 1st Lt. Aidan Smith
- † CW4 Rafael Solis
- † Cadet Megan Youngberg, USMA, West Point

United States Marine Corps

- † Second Lieutenant Jack Bambury
- † PFC Bailey Boden
- † Lt. 2nd Grade, Connor Bradwisch
- † 1st LT. Alexandra Dadario
- † Major John Inman
- † Colonel J.P. Kearns
- † PFC Randy Scott Koenig Jr.
- † Corporal Frankie McVeigh
- † LNCPL Joseph Milone
- † PFC Jake Morales
- † Colonel Brian Mulvihill
- † Captain Terence J. Stackpole
- † Pvt. Matthew Sweeny
- † CPL Charles Watson

United States Navy

- † Midshipman Grace Bradwisch, *Univ. of Tampa*
- † Lieutenant Commander Sean Casey
- † Midshipman Sean Donohue, *USNA Annapolis*
- † Midshipman Lauren Endall, *Virginia Tech*
- † Senior Chief Petty Officer Evan Felvey
- † Midshipman Ava Mollaghan *U.S.C.*
- † Chief Petty Officer Thomas Pulkowski
- † Lieutenant John Scaccia
- † Midshipman Michael Strehle, *USNA Annapolis*
- † LT. JG Kevin Strehle
- † Midshipman Finn Zam, *USNA Annapolis*

United States Air Force

- † Cadet Catherine Dean, *USAFA, Colorado Springs*
- † 2nd Lt. John Glynn
- † Captain Thomas Glynn
- † Sergeant Stephen Pulkowski

United States Coast Guard

- † Seaman Pat Ayrovainen
- † 3rd Class Boatswain, Billy McDonnell
- † Seamen Aidan Murray

“Lord, hold our troops in Your loving hands. Protect them as they protect us. We ask this in the name of Jesus, Our Lord and Savior. Amen.”

If you have a child, relative or friend in the military, whose name and service you would like included in our bulletin, please contact the rectory at 718-634-6464. Also, if your loved one's military service status or rank changes, please let us know. Thank You!



worldwide
marriage
encounter

presents



**Celebrate
Marriage**

Come spend the day with the love of your life! This enrichment will renew your dreams, increase your passion and refresh & celebrate the Sacrament of your marriage.

Saturday, Feb. 28, 2026
8:30 AM—4:00 PM
Catholic Mass follows

Our Lady of Grace RC Church
100-05-159th Avenue
Howard Beach, NY 11414

Community Room
Our Lady of Grace
Rectory Basement

\$75 per couple
mail check payable to **WWME**
82 Toomey Road ~ West Islip, NY 11795
Contact: Chuck & MaryJane Young
(646) 642-7463
Chuck.maryjane.young@wwme.org
Apply by Feb. 24, 2026

Includes continental breakfast, lunch, & materials

Visit
www.WWME.org



**DIOCESAN LENTEN
PILGRIMAGE**

It is once again the honor of the Secretariat for Evangelization and Catechesis to invite all the faithful of the Diocese to join Bishop Brennan in the 4th Annual Lenten Pilgrimage. The event's official app, **Lenten Pilgrimage- Diocese of Brooklyn**, is available for download for both Apple and Android devices. As Ash Wednesday, February 18, 2026 approaches, we encourage you to install the app and join us for this meaningful occasion.

MINISTERS TRAINING WORKSHOP

The Diocese is offering two workshops for individuals looking to become Extraordinary Ministers of Holy Communion and Lectors, as well as refresher workshops for Extraordinary Ministers of Holy Communion. The dates are March 7, 2026 at The Mary Lous Academy in Queens, and May 2, 2026 at St. Edmund Prep High School in Brooklyn. If interested, please call the rectory or speak with one of the priests. Thank You

NAWAS INTERNATIONAL TRAVEL

PILGRIMAGE TO THE SHRINES OF FRANCE

12 DAYS: MARCH 1 - 12, 2027

Visiting

**LOURDES * NEVERS * TOURS AREA
LOIRE VALLEY * CHARTRES * MONT ST. MICHEL
NORMANDY * CAEN * LISIEUX * PARIS**

Hosted by

FR. JAMES CUNNINGHAM

ST. FRANCIS DESALES PARISH

&

FR. KEVIN ABELS

*OUR LADY OF ANGELS CATHOLIC CHURCH
ST. ANDREW THE APOSTLE CATHOLIC CHURCH
ST. ANSELM CATHOLIC CHURCH*

\$4699 PER PERSON FROM NEW YORK
(Air/land tour price is \$4149 plus \$550 government taxes/airline surcharges)



QUALITY TOURS SINCE 1949

Pastoral, Parish & Academy Staff

I	S	P	B	A	S	F	A	R	R	A	G	H	E	R	G	P	D
A	V	C	F	L	X	D	L	C	B	K	B	M	K	N	A	O	A
F	F	H	H	F	U	U	S	D	J	H	V	H	C	V	V	I	C
O	D	J	W	A	H	M	D	W	E	S	A	A	Y	C	I	T	C
N	O	D	M	F	R	S	M	P	E	N	B	Y	Q	V	G	R	O
T	G	E	E	S	S	B	Z	Q	I	E	D	Q	E	S	A	B	R
A	R	L	T	I	U	Z	A	Y	T	G	N	A	U	S	N	R	D
N	E	P	U	A	L	W	E	C	S	I	W	E	L	N	I	E	O
A	E	U	I	I	U	I	H	I	H	C	H	D	Y	L	K	N	H
C	N	L	D	C	U	N	N	I	N	G	H	A	M	E	N	N	Z
L	E	I	W	X	Q	B	R	A	C	K	E	N	D	S	U	A	Z
N	P	J	J	C	C	J	Q	J	L	A	G	A	M	B	A	D	Q

Find the following words in the puzzle.
Words are hidden →, ↓, and ↘.

BLUM
BRACKEN
BRENN
CUNNINGHAM
DACCORDO

ENDALL
FARRAGHER
FONTANA
GAVIGAN
GREENE

HAYES
LAGAMBA
SCHARBACH
SWEENEY

 **PUZZLE**

Unscramble words from today's Gospel:

salt	city	shine
earth	hill	good
light	lamp	praise

satt	<u>s a l t</u>
lpam	_____
hlil	_____
lithg	_____
godo	_____
erhat	_____
perasi	_____
cyti	_____
sihen	_____

 **MISSION**

Do a taste-test with boiled eggs. Eat one bit plain. Eat the rest seasoned with salt. The salt makes a big difference. Your love for God should make a big difference in the world, too.

 **COLOR**

Read the Gospel of the week and color the image.

